A. B. C. QUICK CHECK

1. Air Pressure
2. Brakes
3. Cranks / Chain
4. Quick release
5. Check Ride
AIR

- MANUFACTURERS SPECIFICATIONS (SIDE WALL OF TIRE)
- INSPECT TIRE FOR CUTS AND OR FOREIGN OBJECTS EMBEDDED IN THE RUBBER
- RELIABLE PRESSURE GAUGE
- ACCURATE TIRE PRESSURE IS IMPORTANT
- CONSIDER CARRYING A SMALL TIRE PUMP
- LOW PRESSURE VS HIGH PRESSURE
BRAKES

- SQUEEZE BRAKE LEVER
- CHECK FOR DEBRIS AND WORN PARTS
- WORN OUT BRAKE PARTS CAN LEAD TO INCREASED STOPPING DISTANCES AND BECOME A SAFETY ISSUE
- CHECK BRAKE ROTORS AND PADS FOR DAMAGE AND STRAIGHTNESS
CRANKS AND CHAIN

- Check cranks for side to side play
- Inspect the teeth on the chain rings
- Make sure pedals are tight
- Pedals should spin freely
- Clean and lube chain regularly
QUICK RELEASE
- CHECK FRONT AND REAR QUICK RELEASES TO ENSURE TIGHTNESS
- THE CAM ACTION IS WHAT HOLDS THE WHEELS ON
CHECK RIDE

- Ride bike and change gears, test brakes, and listen for noises.
- Remember, your bike is your police vehicle and should be maintained to that standard.
A B C QUICK CHECK SHOULD BE DONE BEFORE EVERY SHIFT
QUESTIONS?